Retirement Expenses

	Monthly Average		Monthly Average
Home Related		Personal	
		Food	
		Personal care	
Insurance		Clothing	
Maintenance/Upkeep		Dental/Vision Care	
Other		Other	
Category Total	0	Category Total	0
<u>Utilities</u>		<u>Miscellaneous</u>	
Electricity		Birthday Gifts	
Gas		Holiday Celebrations	
Water		Vacations	
Sewage/Trash		Hobies	
Phone		Entertainment	
Cable		Children/Grandchildren	
Internet		Fees/Membership Dues	
Other		Life Insurance Premiums	
Category Total	0	Subscriptions	
		Loans	
Auto Related		Credit Cards	
Insurance		Charities	
Property taxes		Other 2	
Gas		Other 3	
Maintenance		Category Total	0
Registration/Inspections			
Other			
Category Total	0	Total Monthly Expenses:	0
<u>Medical</u>			
Co-pays		Retirement Ir	ncome
Deductibles		VRS	
Primary Insurance Premium		Social Security	
Medicare Supplement		Other 1	
Over the counter medicines		Other 2	
Long term Care Premiums		Other 3	
Other		Other 4	
Category Total	0	Other 5	
		Total Retirement Income	0
Animal Care		Federal/State Income Taxes	
Vet bills & care			•
Boarding fees	_	Net Income:	\$ -
Other		Less Total Mo. Expenses:	0
Category Total	0	Net Surplus/Shortage:	
			-

Tips to reduce your expenses

Home Related

Consider downsizing or "rightsizing" for your current needs.

Examine/compare your assessment value with similar homes in your area.

Can you get better insurance rates by consolidating policies or raising deductibles?

As you make home repairs/improvements - think low maintenance.

Utilities

Add insulation, weatherproofing &/or upgrade systems.

Install "low flow" devices; upgrade to more efficient appliances.

Recycle, re-purpose & re-use; purchase "low packaging" products

Consolidate communication packages and shop around for the best prices.

Auto Related

Ask for multi-vehicle discounts; look into higher deductibles; shop around!

Shop for a dependable used vehicle when replacing an auto (research really pays).

Combine trips/errands; car pool; learn gas conservation driving tips.

Regular maintenance can improve auto performance; don't cut corners here!

Don't skip registrations/inspections - tickets are much more expensive than fees!

Medical

Know what your health plan pays and doesn't pay - don't pay a bill until you are sure you know it is correct and your insurance has paid correctly!

Do you have the best supplemental medical coverage to meet <u>your</u> personal needs? Ask your doctor about generic brands for over the counter & prescription meds.

Animal Care

Your pets are a positive influence on your health; take care of them too!

Ask a reliable neighbor, friend or family member to "pet - sit" and offer a trade for services!

Personal

Enjoy gardening? Plant a vegetable garden & share with neighbors for a "trade".

Generic products or store brands are often just as good as name brands.

Clothing costs are lower in retirement than when you regularly worked!

Preventative care is important - your dental status affects your overall health!

Miscellaneous

Vacation close to home - visit places you've never gone; travel off season.

Finance hobbies by selling your "wares" at a craft show or by teaching.

Form a book club; supper club or take advantage of local college/community activities.

Be sure you get a good value from fees/dues you pay - "use" per \$ you pay

Don't "over insure"; make sure you understand your policies.

Share magazines with a friend; go to the library; check out on-line resources.

Note any extra payments - apply to principle or to "high rate balances" first.

Prioritize -pay off high interest cards first then keep going.