

Appendix C

School Diabetes Checklist for Parents

- Read “Parental Responsibilities”
- Read and discuss “Student with Diabetes Responsibilities” with student
- Have the student’s Doctor complete the “Diabetic Medical Management Plan”, Part II, and if necessary Part III (Pump Management) (Appendix M)
- Discuss specific care of your child with the teachers, school nurse, bus driver, coaches and other staff who will be involved.
- Complete Part 1 of the School Diabetes Medical Management forms and return to school clinic. (Appendix M)
- Make sure your child understands the details of who will help him/her with testing, shots and treatment of high or low blood sugars at school and where supplies will be kept. Supplies should be kept in a place where they are always available if needed.
- Make arrangements for the school to send home blood sugar records as appropriate.
- Provide school with current phone numbers where you can be reached.
- See page 9 and Appendix M for information on permission to self-carry.
- Collect equipment / supplies for school including the following:
 - Box with the child’s name to store these items (you may need one for meds and one for food).
 - Medical Identification
 - Meter
 - Strips
 - Lancets & Device
 - Insulin
 - Syringes or pens & pen needles
 - Alcohol wipes
 - Glucagon Kit with instructions
 - Ketone testing strips
 - Sharps container-if self-carries
 - Pump supplies
 - Replacement batteries for meter &/or pump
 - Food/Drinks for treating Low Blood Sugar
 - 15 gm CHO Juice cans or boxes
 - Glucose tabs
 - Instant glucose or cake decorating gel
 - Fruit-Roll Ups
 - Dried Fruit, raisins or other snacks
 - Crackers (± peanut butter and/or cheese)
- Check regularly (minimum once a month) to make sure school has all necessary supplies