

Hampton City Schools  
Food Nutrition Services

**Moton ECDC**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Entrees ( Choose 1)</b>	French Toast Sticks	Beef Maple Sausage Breakfast	Apple Cinnamon Bread	Sausage and Pancake	Turkey Ham & Cheese on Hawaiian Bread
	Yogurt w/ Graham Crackers	Breakfast Oatmeal	Breakfast Smoothie w/ Graham Crackers	Maple Pancakes	Yogurt w/ Graham Crackers
	<i>WG Cereal &amp; Graham Crackers</i>	<i>WG Cereal &amp; Graham Crackers</i>	<i>WG Cereal &amp; Graham Crackers</i>	<i>WG Cereal &amp; Graham Crackers</i>	<i>WG Cereal &amp; Graham Crackers</i>
<b>Fruits &amp; Veggies (May Choose 2)</b> *One fruit juice per meal	Fruit	Fruit	Fruit	Fruit	Fruit
	Juice	Juice	Juice	Juice	Juice
	Baby Carrots	Baby Carrots	Baby Carrots	Hashbrown	Baby Carrots
<b>Milk Variety (Choose 1)</b>	Milk	Milk	Milk	Milk	Milk