

**Hampton City Schools
Lunch Menu - Elementary Schools**



Applies to:

Andrews, Asbury, Barron, Booker, Langley, Phenix & Smith

LUNCH PRICES

Elementary \$1.95

Secondary \$2.15

Reduced \$0.40

Adult/Non-student - A la

A variety of milk is offered daily.

					1
Entrees (Choose 1)					Sweet & Sour Chicken with Rice & an Egg Roll
					Fish Sandwich
					Turkey Chef Salad
					Yogurt w/ Grain
Veggies (May choose 2)					Jammer Sandwich w/ Graham Crackers & Cheese
					Garden Side Salad
					Sweet Potato Waffle Fries
Fruits (May choose 2) *One fruit juice per meal					Fresh Cauliflower
					Fresh Fruit
					Frozen Fruit Juice Cup
					8
					4
					5
					6
					7
					8
Entrees (Choose 1)	Pasta Bake	Domino's Pizza	Meaty Cheese Nachos	Chicken Wings w/ Rolls	Teriyaki Chicken w Rice and Eggroll
	Rib B Que Sandwich			Turkey Club Sandwich	Toasted Grilled Cheese Sandwich
	Italian Chef Salad	Chicken Caesar Salad	Grilled Chicken Chef Salad	Chicken Caesar Salad	Tuna Chef Salad
	Yogurt w/ Grain	Lunch Pack (Yogurt 4oz, Cheese Stick, Cocoa Cherry Bar, Gold Fish Graham, Fruit)	Fruit & Yogurt Parfait	Lunch Pack (Yogurt 4oz, Cheese Stick, Cocoa Cherry Bar, Gold Fish Graham, Fruit)	Yogurt w/ Grain
	Jammer Sandwich w/ Graham Crackers & Cheese	Jammer Sandwich w/ Graham Crackers & Cheese	Jammer Sandwich w/ Graham Crackers & Cheese	Jammer Sandwich w/ Graham Crackers & Cheese	Jammer Sandwich w/ Graham Crackers & Cheese
Veggies (May choose 2)	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad
	Steamed Broccoli	Spicy Corn	Fiesta Black Beans	Peas & Mushrooms	Potato Side Winders
	Fresh Celery Sticks	Fresh Broccoli	Fresh Baby Carrots	Fresh Cucumber	Fresh Veggie Medley
Fruits (May choose 2) *One fruit juice per meal	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Chilled Peach Cup	Chilled Pear Cup	Chilled Applesauce Cup	Cinnamon Baked Applesauce	Frozen Fruit Juice Cup

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	11	12	13
Entrees (Choose 1)	Vegetable Bake & Toasted Garlic Cheese Bread	Domino's Pizza	Swedish Meatballs with Rice and a Roll
	Chicken Bites & Rolls	Hamburger/Cheeseburger	
	Chopped Salad Chicken & Bacon Chopped Salad	Chicken Caesar Salad	Grilled Chicken Chef Salad
	Yogurt w/ Grain	Lunch Pack (Yogurt 4oz, Cheese Stick, Cocoa Cherry Bar, Gold Fish Graham, Fruit)	Yogurt Parfait
	Jammer Sandwich w/ Graham Crackers & Cheese	Jammer Sandwich w/ Graham Crackers & Cheese	Jammer Sandwich w/ Graham Crackers & Cheese
Veggies (May choose 2)	<i>Garden Side Salad</i>	<i>Garden Side Salad</i>	<i>Garden Side Salad</i>
	<i>Steamed Corn</i>	<i>Sauteed Mixed Greens</i>	<i>Baked Beans</i>
	<i>Fresh Celery Sticks</i>	<i>Fresh Cucumbers</i>	<i>Fresh Cauliflower</i>
Fruits (May choose 2) *One fruit juice per meal	<i>Fresh Fruit</i>	<i>Fresh Fruit</i>	<i>Fresh Fruit</i>
	<i>Chilled Peach Cup</i>	<i>Chilled Pear Cup</i>	<i>Cinnamon Baked Apples</i>

[This district is an equal opportunity provider.](#)

As always, the choice of menu items belongs to the student. For optimum nutrition, students are encouraged to take all five components; however, if the student chooses three or four components, **one of the components must be a fruit or vegetable serving.**

Menu Subject to Change