

**Hampton City Schools
Breakfast Menu - Elementary Schools**



BREAKFAST PRICES

Elementary/Secondary - \$.90

Reduced - Free

Adult/Non-student - A la Carte

A variety of milk is offered daily.

Week 1					1
<i>Entrees (Choose 1)</i>					Sausage Pancake on Stick
					Yogurt w/ Graham Crackers
					Fruit
					Juice
<i>Fruits (May Choose 2) *One fruit juice per meal</i>					Milk
<i>Milk (Choose 1)</i>					
Week 2					8
<i>Entrees (Choose 1)</i>	4	5	6	7	WG Fortified Donut
	Pop-tart & Mozzarella String Cheese Stick Yogurt w/ Graham Crackers	WG Apple Cinnamon French Toast Breakfast Smoothie w/ Graham Crackers	Turky Ham, Egg & Cheese Croissantwiche Yogurt w/ Graham Crackers	Bagel-ful Breakfast Smoothie w/ Graham Crackers	Yogurt w/ Graham Crackers
<i>Fruits (May Choose 2) *One fruit juice per meal</i>	Fruit	Fruit	Fruit	Fruit	Fruit
	Juice	Juice	Juice	Juice	Juice
<i>Milk (Choose 1)</i>	Milk	Milk	Milk	Milk	Milk
Week 1					11
<i>Entrees (Choose 1)</i>	11	12	13		
	Breakfast Pizza Yogurt w/ Graham Crackers	Turkey Ham & Cheese on WG Hawaiian Bread Breakfast Smoothie w/ Graham Crackers	Beef Sausage & Cheese on Mini Bagel Yogurt w/ Graham Crackers		
<i>Fruits (May Choose 2) *One fruit juice per meal</i>	Fruit	Fruit	Fruit		
	Juice	Juice	Juice		
<i>Milk (Choose 1)</i>	Milk	Milk	Milk		

This district is an equal opportunity provider.

As always, the choice of menu items belongs to the student. For optimum nutrition, students are encouraged to take all five components; however, if the student chooses three or four components, **one of the components must be a fruit or vegetable serving.**

Menu Subject to Change