

# Hampton City Schools Elementary Lunch Menu

Aberdeen, Armstrong, Bassette, Bryan, Burbank,  
Cary, Cooper, Forrest, Kraft, Machen, Phillips, Tyler

## JANUARY

		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Locate date on calendar above to find coordinating menu week by color.

# Hampton City Schools

## Elementary Lunch Menu

**Aberdeen, Armstrong, Bassette, Bryan, Burbank,  
Cary, Cooper, Forrest, Kraft, Machen, Phillips, Tyler**

Menu 1					
Entrees  (Choose 1)	Fettuccine Alfredo & Garlic Bread	Meaty Cheese Nachos	Breakfast 4 Lunch Waffles, Sausage Link & Scrambled Eggs	Dominos Cheese Pizza	Teriyaki Chicken w/ Rice and Egg Roll
	Chicken Tenders & Cornbread		Corn Dog Nuggets	Dominos Pepperoni Pizza	
			Chicken Filet Sandwich		
Grab & Go Packs  *Consist of a complete minimum component for reimbursable meals	<b>Salad and Sandwich Pack</b> Chicken Caesar Salad & Sunberry Crunch Wrap	<b>Salad and Sandwich Pack</b> Turkey Chef Salad & Sunberry Crunch Wrap	<b>Salad and Sandwich Pack</b> Chicken Caesar Salad & Sunberry Crunch Wrap	<b>Salad and Sandwich Pack</b> Garden Chef Salad & Sunberry Crunch Wrap	<b>Salad and Sandwich Pack</b> Chicken Caesar Salad & Sunberry Crunch Wrap
*May choose one additional fruit and vegetable with pack	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit
	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit
	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad
Veggies (May choose 2)	Sweet Potato Wedges	Refried Beans	Steamed Mixed Greens	Baked Beans	Tater Tots
	Fresh Cucumber Slices	Fresh Broccoli	Fresh Baby Carrots	Fresh Veggie Medley	Fresh Celery Sticks
Fruits  (May choose 2) *One fruit juice per meal	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Baked Apples and Sweet Potatoes	Chilled Fruit Cup	Chilled Applesauce Cup	Chilled Fruit Cup	*Frozen Fruit Juice Cup

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Menu 2					
Entrees	Morning Star Casserole & Garlic Bread	<b>Meaty Cheese Nachos</b>	Chicken Wings w/ Rolls	Dominos Cheese Pizza	General Tso's w/ Rice and Egg Roll
	Hot Dog on Bun		Fish Stix and Mac & Cheese	Dominos Pepperoni Pizza	
(Choose 1)	Hot Dog on Bun				
Grab & Go Packs	<b>Salad and Sandwich Pack</b> Chicken Caesar Salad & Italian Slider Sandwich	<b>Salad and Sandwich Pack</b> Buffalo Chicken Chef Salad & Italian Slider Sandwich	<b>Salad and Sandwich Pack</b> Chicken Caesar Salad & Italian Slider Sandwich	<b>Salad and Sandwich Pack</b> Buffalo Chicken Chef Salad & Italian Slider Sandwich	<b>Salad and Sandwich Pack</b> Chicken Caesar Salad & Italian Slider Sandwich
*Consist of a complete minimum component for reimbursable meals					
	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit
*May choose one additional fruit and vegetable with pack					
	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit
Veggies (May choose 2)	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad
	Steamed Broccoli	Fiesta Black Beans	Potato Sidewinders	Sweet Potato Wedges	Seasoned Green Beans
	Fresh Celery Sticks	Fresh Cucumber Slices	Fresh Baby Carrots	Fresh Broccoli	Fresh Veggie Medley
Fruits	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
(May choose 2) *One fruit juice per	Chilled Fruit Cup	Chilled Fruit Cup	Chilled Applesauce Cup	Chilled Fruit Cup	*Frozen Fruit Juice Cup

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Menu 3					
Entrees  (Choose 1)	Toasted Grilled Cheese & Soup	Soft Taco	Spaghetti w/ Meatsauce and Garlic Bread	Dominos Cheese Pizza	Sweet & Sour Chicken w/ Rice and Egg Roll
	Chicken Bites & Rolls			Dominos Pepperoni Pizza	
Grab & Go Packs  *Consist of a complete minimum component for reimbursable meals	<b>Salad and Sandwich Pack</b> Chicken Caesar Salad & Turkey Croissant	<b>Salad and Sandwich Pack</b> Garden Chef Salad & Turkey Croissant Sandwich	<b>Salad and Sandwich Pack</b> Chicken Caesar Salad & Turkey Croissant	<b>Salad and Sandwich Pack</b> Garden Chef Salad & Turkey Croissant Sandwich	<b>Salad and Sandwich Pack</b> Chicken Caesar Salad & Turkey Croissant
	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit	<b>Yogurt Pack</b> Yogurt 8oz, Cocoa Cherry Bar, Gold Fish Graham, Fruit
	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit	<b>Jammer Sandwich Pack</b> Jammer Sandwich w/ Graham Crackers & Cheese, Fruit
*May choose one additional fruit and vegetable with pack	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad	Garden Side Salad
	<b>Steamed Corn</b>	<b>Baked Beans</b>	<b>Steamed Broccoli</b>	<b>Seasoned Green Beans</b>	<b>Steamed Mixed Greens</b>
	Fresh Celery Sticks	Fresh Baby Carrots	Fresh Cucumber Slices	Fresh Broccoli	Fresh Vegetable Medley
Fruits  (May choose 2) *One fruit juice per meal	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Chilled Fruit Cup	Chilled Fruit Cup	Cinnamon Baked Apples	Chilled Applesauce Cup	*Frozen Fruit Juice Cup