

Hampton City Schools  
Food Nutrition Services

**Breakfast**  
**Moton ECDC**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1 Entrée</b> <i>Dec 3-7</i> <i>Dec 17-19</i>	French Toast Sticks	Yogurt w/ Graham Crackers	WG Cereal & Graham Crackers	Maple Pancakes	WG Cereal & Graham Crackers
<b>Week 2 Entrée</b> <i>Dec 10-14</i>	Maple Beef Sausage Breakfast Sandwich	Yogurt w/ Graham Crackers	WG Cereal & Graham Crackers	Apple Cinnamon Bread	WG Cereal & Graham Crackers
<b>Fruits &amp; Veggies</b> (May Choose 2) <small>*One fruit juice per meal</small>	Chilled Fruit Juice	Chilled Fruit	Chilled Fruit Juice	Chilled Fruit	Chilled Fruit Juice
<b>Milk Variety</b> (Choose 1)	Milk	Milk	Milk	Milk	Milk