



Suggested List of Foods That Can be Served During the Protected Times for Celebrations and Recognitions

(Protected Times: Between 6:00 AM and the Last Building Bell of the School
This List is Subject to Change: Please Check Website on a Regular Basis

**The Food Items on the list below may be
purchased from any store.**

Food Items

Fresh Fruit Bowl

Fresh Vegetables with Dip

Pudding Cups by Hunts, 4 ounce Single Serve Plastic Cups

Fruit Cup in Juice by Dole, Del Monte, or Hunts, 4 ounce in Single Serve Plastic Cups

100 Calorie Snack Packs, All Varieties

Pretzel, 1 ounce Single Serve Packs

Baked Potato Chips by Lay's, Single Serve Bags, All Flavors

Sun Chips by Lay's, Single Serve Bags, All Flavors

Scooby Doo Graham Snacks, 1 ounce, Single Serve Packs

String Cheese, 1 ounce Single Serve

Teddy Grahams, 1 Ounce, Single Serve Packs

Capri Sun, 100%, No Sugar Added, 6 Ounce Single Serve, All Flavors

Juice, 100%, No Sugar Added, 4 or 6 Ounce Single Serve, All Flavors

Granola Bars, 1.2 Ounce Single Serve, Any Brand

Yogurt, Dannon or Yoplait Light, 4 Ounce Single Serve, All Flavors

Yogurt, Dannon or Yoplait, 4 Ounce Single Serve, All Flavors

Milk, 8 Ounces, 1% or Skim, Single Serve

Crackers, Barnum's Animal - 1 ounce, Single Serve Packs



Cupcake, Vanilla, Mini with Icing- 1 Cupcake
Cupcakes by Wellsley Farms- 1 Cupcake
Mini Fudge Brownie Bites - 2 bites
Cookies, Mini Chocolate Chip, Oatmeal, and/or Sugar - 2 cookies
Cupcakes, Carrot, Mini - 1 Cupcake
Cookies, Mini Chocolate Chip, Oatmeal, and/or Sugar - 2 Cookies
Cupcake, Red Velvet, Mini - 1 Cupcake
Cupcake, 30 Count, Vanilla with White Icing and Sprinkles - 1 Cupcake
Cookies, Mini Chocolate Chip, Oatmeal, and/or Sugar - 2 Cookies

*Any food item served in the school cafeteria (two week notice)

1. All products listed contain eggs, wheat, soy, and/or were made in a plant where these foods and nuts may have been present from the processing of other food products. Exception: Fresh Fruit Bowls and Fresh Vegetable Trays.
2. Check all food labels for alerts of allergens.
3. Check with the School Nurse for allergies present in a classroom. This is for the safety of the students who may be compromised for certain allergens.

