

Hampton City Schools
 Secondary School Breakfast
 SY 2019-2020

	Monday	Tuesday	Wednesday	Thursday	Friday
Entrees Choose One	Apple Cinnamon Breakfast Bread	Turkey Ham & Cheese on Hawaiian Bread	French Toast Bites	Breakfast Smoothie & Graham Crackers <i>(Do Not Order - Breakfast Bowl)</i>	Sausage Pancake on Stick
	Yogurt & Coco Cherry Bar	Yogurt & Coco Cherry Bar	Yogurt & Coco Cherry Bar	Yogurt & Coco Cherry Bar	Yogurt & Coco Cherry Bar
	Breakfast Donut Ring	Breakfast Donut Ring	Breakfast Donut Ring	Breakfast Donut Ring	Breakfast Donut Ring
	Breakfast Cereal (2 oz)	Breakfast Cereal (2 oz)	Breakfast Cereal (2 oz)	Breakfast Cereal (2 oz)	Breakfast Cereal (2 oz)
Fruits (May choose 2) * One fruit juice per meal	Baby Carrots	Baby Carrots	Hashbrown	Baby Carrots	Baby Carrots
	Juice	Juice	Juice	Juice	Juice
	Fruit	Fruit	Fruit	Fruit	Fruit
	Milk	Milk	Milk	Milk	Milk
<i>Milk (Choose 1)</i>					

Breakfast Grab & Go Packages (Entrée + Fruit choice(s) + Milk choice)