# Hampton City Schools
## Secondary School Breakfast
### SY 2019-2020

**Middle and High School Serving Lines**

### Entrees
- **Monday**: Apple Cinnamon Break Fast Bread
- **Tuesday**: Turkey Ham & Cheese on Hawaiian Bread
- **Wednesday**: French Toast Bites
- **Thursday**: Breakfast Smoothie & Graham Crackers (Do Not Order - Breakfast Bowl)
- **Friday**: Sausage Pancake on Stick

### Choose One
- **Monday**: Yogurt & Coco Cherry Bar
- **Tuesday**: Yogurt & Coco Cherry Bar
- **Wednesday**: Yogurt & Coco Cherry Bar
- **Thursday**: Yogurt & Coco Cherry Bar
- **Friday**: Yogurt & Coco Cherry Bar

- **Monday**: Breakfast Donut Ring
- **Tuesday**: Breakfast Donut Ring
- **Wednesday**: Breakfast Donut Ring
- **Thursday**: Breakfast Donut Ring
- **Friday**: Breakfast Donut Ring

- **Monday**: Breakfast Cereal (2 oz)
- **Tuesday**: Breakfast Cereal (2 oz)
- **Wednesday**: Breakfast Cereal (2 oz)
- **Thursday**: Breakfast Cereal (2 oz)
- **Friday**: Breakfast Cereal (2 oz)

### Fruits
- **Monday**: Baby Carrots
- **Tuesday**: Baby Carrots
- **Wednesday**: Hashbrown
- **Thursday**: Baby Carrots
- **Friday**: Baby Carrots

- **Monday**: Juice
- **Tuesday**: Juice
- **Wednesday**: Juice
- **Thursday**: Juice
- **Friday**: Juice

- **Monday**: Fruit
- **Tuesday**: Fruit
- **Wednesday**: Fruit
- **Thursday**: Fruit
- **Friday**: Fruit

- **Monday**: Milk
- **Tuesday**: Milk
- **Wednesday**: Milk
- **Thursday**: Milk
- **Friday**: Milk

**Milk (Choose 1)**

**Fruits (May choose 2) * One fruit juice per meal**

**Breakfast Grab & Go Packages (Entrée + Fruit choice(s) + Milk choice)**

Revised 8/8/2018