

**MOTON ECC and Downtown Hampton
BREAKFAST**

**Hampton City Schools
Moton and Downtown Hampton
2019-2020**

	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Entrée</i>	Yogurt w/Coco Cherry Bar	Ham, Egg, and Cheese Sandwich	French Toast Sticks	Maple Pancakes	Turkey Ham & Cheese on Hawaiian Bread
<i>Fruits & Veggie (May Choose 2) *One fruit juice per meal</i>	Fruit	Fruit	Fruit	Fruit	Fruit
	Juice	Juice	Juice	Juice	Juice
	Baby Carrots	Baby Carrots	Baby Carrots	Hashbrown	Baby Carrots
<i>Milk (Choose 1)</i>	Milk	Milk	Milk	Milk	Milk