

**Elementary - Grab Go to Class
AND
Breakfast in the Classroom (BIC)**

**Hampton City Schools
Breakfast
Grab and Go to Class Breakfast in Classroom
SY 2019-2020**

Aberdeen, Andrews, Bassette, Booker, Bryan, Burbank (BIC), Cary, Cooper, Forrest (BIC), Kraft, Langley, Machen, Phenix, Phillips, Smith, Tyler

	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Entrees (Choose 1)</i>	Morning Jump Starts Express Crunchmania	Breakfast Donut Ring	Maple Pancakes	Morning Jump Starts Express Poptart	Morning Jump Starts Express Nutri-Grain Bar & Honey Graham
	Yogurt and Coco Cherry Bar	Yogurt and Coco Cherry Bar	Yogurt and Coco Cherry Bar	Yogurt and Coco Cherry Bar	Yogurt and Coco Cherry Bar
<i>Fruits (May Choose 2) *One fruit juice per meal</i>	Fruit	Fruit	Fruit	Fruit	Fruit
	Juice	Juice	Juice	Juice	Juice
Milk (Choose 1)	Milk - variety flavors	Milk - variety flavors	Milk - variety flavors	Milk - variety flavors	Milk - variety flavors